

Summer activities and support for children and young people in Camden – July to September 2020



camdenrise.co.uk

#CamdenSummer2020



Council and community youth and play projects

South Hub – Somers Town Youth Centre

Address: 134 Chalton Street, NW1 1RX

Tel: 020 7974 4559 / 8256

Mobile: Joanne Peet – 07769 235 260 or Tony Edwards – 07908 652 288

Email: joanne.peet@camden.gov.uk or anthony.edwards@camden.gov.uk

Activities: Centre-based, offsite and virtual youth work activities, including face mask making, kite making, baking, T-shirt printing, music workshop, tile design, competitions and fun games, DVD with popcorn, bike maintenance project, canoeing, cinema, rock climbing, treasure hunt, picnic in the park, sports day and end of summer trip to London Zoo.

Ages: 11 to 19, up to 25 with a disability

Dates: 4 to 27 August



Netherwood Youth and Family Hub

Address: 5 Netherwood Street, NW6 2QU
Tel: 020 7974 6510 / 07880 055 232

Contact: Vanessa Simon or Aaron Pownall

Email: vanessa.simon@camden.gov.uk or aaron.pownall@camden.gov.uk

Activities: Bike maintenance course, sport programme, gardening, arts and crafts, jewellery making, dance, music and one-to-one fitness sessions. Some activities will be delivered virtually online

Ages: 12 to 19

Dates: 3 to 28 August

Six-day bike course, at the Netherwood Youth and Family Hub: Mondays, Tuesdays and Wednesdays, from 17 to 26 August

Fresh Youth Summer 2020

Address: Delivered from different sites

Tel: 07971 063 787 or 07957 987 349

Email: cat.phillips@camden.gov.uk or mukith.miah@camden.gov.uk

Activities: Sports sessions, arts sessions at Lauderdale House, London Zoo trip, games, treasure hunt, outdoor activities, online and virtual youth sessions

Ages: 12 to 19, up to 25 years old with additional needs

Dates: 4 to 27 August – three days a week, Tuesday, Wednesday and Thursday

Camden Summer University

Address: Borough-wide

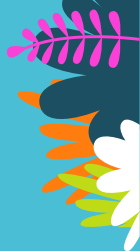
Tel: 020 7974 6607 / 7263

Email: summeruniversity@camden.gov.uk
Course info and bookings: www.cmdn.co.uk

Activities: More than 30 free courses in arts, fashion, sport, media, business and life skills for 13 to 19 year olds who live in Camden or attend a local school or youth centre. Courses will take place either online or in a face-to-face, socially distanced way

Ages: 13 to 19

Dates: 27 July to 28 August



FWD substance misuse

Address: Crowndale Centre

Tel: 020 7974 3663

Email: jaheda.ali@camden.gov.uk

Activities: FWD is running virtual sessions on young people's substance misuse, exploring risks and consequences. Sessions will start from 5 August

Please register your interest by emailing fwd.referral@camden.gov.uk

Ages: 13 to 25

Dates and times: Every Wednesday, 5 to 26 August, 11am to 12 noon

Camden Detached Team

Address: Crowndale Centre, 218 Eversholt Street, NW1 1BD

Telephone: 020 7974 7260 / 07827 955 579

Email: zoe.davies@camden.gov.uk

Activities: Detached youth work sessions running over four weeks during the summer

Ages: 13 to 19

Dates: Four weeks of sessions, starting week beginning 20 July



Sidings Youth Project

Address: Sidings Community Centre, 150 Brassey Road, London NW3 2BA

Telephone: 020 7625 6260

Contact: Jo McMillan

Telephone: 07821 614 063

Website: www.sidings.org.uk

Activities: On-site and offsite activities, including arts and crafts, sports, music

Ages: 11 to 16

Dates: 3 to 20 August

New Horizon Youth Centre

Address: 68 Chalton Street, NW1 1JR

Tel: 020 7388 5560

Contact: Meghan Roach

Website: www.nhyouthcentre.org.uk

Activities: Face to face services at the day centre are prioritised for young people who are rough sleeping or staying in unsafe circumstances. This includes food, showers, computer access and housing advice. Other services run over the phone or online include education, employment and training advice and support, life skills, counselling, housing advice and advocacy and health advice

Ages: 16 to 24

Dates: Day centre is open Mondays, Wednesdays and Fridays only, 11am to 2.45pm



Samuel Lithgow Youth Centre

Address: 69-75 Stanhope Street, NW1 3LD

Tel: 020 7692 0186

Contact: Paulo Pires

Website: www.samuel-lithgow.co.uk

Activities (all face-to-face): Basketball, football, dodgeball, IT centre, arts and crafts, juice bar, dance classes

Outings (full details tbc): ice skating, bowling, Flip Out, go karting (only on Saturdays)

Ages: 10 to 18

Dates (tbc): 3 to 31 August

Holborn Community Association

Arts on Tour Project

Project takes place in multiple outdoor locations and virtually

Tuesday - Red Lion Estate – Patio Area (outside TRA hall)

Wednesday - Online via Zoom

Fridays - Tybalds Estate – Multi-use games area (in front of Chancellor's building)

Telephone: 020 7405 2370 (option 3)

Contact: Hazel East

Website: www.holborncommunity.co.uk

Activities: We're running a summer of socially distanced family arts activities taking place in outdoor spaces across Holborn and via Zoom. We'll be popping up in different spaces each week on Tuesdays and Fridays, and heading onto Zoom on Wednesday mornings. Please note parents / carers must stay with children throughout the workshops.

We'll be running the following activities each week:

14 to 17 July – Drama and games

21 to 24 July – Art

28 to 31 July – Drawing

4 to 7 August – Weaving

11 to 14 August – Junk modelling

Virtual Gallery Project – Zoom sessions

Telephone: 07790 378 396

Contact: Chloe Plumb

Website: www.holborncommunity.co.uk/arts-and-media-activities

Activities: On this exciting four-day online collaborative art project, children will be set different creative challenges to experiment with different media, such as collage, drawing, photography and video to create their own digital artwork for the HCA

Virtual Gallery – a display of artwork produced by different generations within our community during the pandemic

You can see the work produced so far by young people and adults here:

<https://hcavirtualgallery.tumblr.com>

Now it's your turn!

Ages: 8 to 12



Online 3D game design – Zoom sessions

Tel: 07790 378 396

Contact: Chloe Plumb

Website: www.holborncommunity.co.uk/arts-and-media-activities

Activities: On this exciting four-day 3D game design project, children will use 3D graphics and design tools to create their own fantasy worlds and interactive adventures

For more info and to express interest contact Chloe with the following information: child / young person's full name, date of birth, borough of residence, parent / carer phone number and email address

Ages: 8 to 12

Dates: 3 to 6 August, 2.30 to 4.30pm



Wac Arts

Address: 213 Haverstock Hill, NW3 4QP

Tel: 020 7692 5800

Email: lydia.entwistle@wacarts.co.uk

Website: www.wacarts.co.uk

Activities: Activities for young people aged 13 to 26, with mild-moderate special educational needs and disabilities: Weekly creative online workshops, providing continuity and connectivity (8 hours). Week-long virtual theatre-making and gaming course (8 hours)

Inclusive, week-long virtual courses, for young people of all abilities, aged 13 to 18: Singing / songwriting (10 hours total), musicianship (10 hours), music technology (10 hours)

Ages: 13 to 26 (young people with mild to moderate SEND); 13-18 (inclusive week-long virtual courses)

Dates: Throughout August

Fitzrovia Youth in Action

Address: Basement, 66 – 68 Warren Street, W1T 5NZ

Tel: 020 7388 7399 / 07395 884 245

Contact: David Wong

Website: www.fya.org.uk

Activities: Peer mentoring, peer education, youth leadership, work experience, football, online drop-ins

Ages: 8 to 24 (depending on activities)

Dates: Ongoing

NW5 Project

Address: The Play Hut, Islip Street, NW5 2TU

Tel: 020 7485 8165 / 07825 146 433

Contact: Sharley Peet-Newitt

Website: www.nw5project.moonfruit.com

Activities: A free drop-in youth provision from 11am to 4pm based on Peckwater Estate. We will provide a daily lunch and activities such as sports, dance, cooking, fitness to name a few throughout the summer. Places will be on a first come basis with limited spaces due to social distance measures. Some trips will also be taking place, such as bike rides and fishing. Will also be running online activities via social media

Ages: 8 to 16 and 11 plus

Dates: 20 July to 21 August



The Winchester Project

Email: jim@thewinch.org

Tel: 07858 564806

Days / times: Monday to Thursday, 8.30 to 9.30am: Online Workout

Monday, 3.30 to 5.30pm: Detached and Outreach sessions

Tuesday, 2 to 4pm: Girls' and Young Women's Group online and outdoor activities

Thursday, 3.30 to 5.30pm: Detached and Outreach Sessions

Other activities: We will be delivering socially distanced exercise and sport on local estates with times and dates to be confirmed. Programme and activities are also subject to short notice changes due to changing regulations. Follow @thewinchyouthteam on Instagram for regular updates



Kentish Town Youth Project

Address: Kentish Town Community Centre,
17 Busby Place, NW5 2SP

Tel: 020 7482 3212 / 07392 983 368

Contact: Jamie Weight

Website: www.ktcc.org.uk

Activities: Tuesday (Face to Face) – Food delivery by young people in partnership with Camden Council. Thursday (Face to Face) – Small group sports and drop-in sessions at Kentish Town Community Centre

Ages: 12 to 18

Dates: 4, 6, 11, 13, 18, 20, 25 and 27 August

KCBNA Youth Project

Address: Kings Cross Neighbourhood Centre,
51 Argyle Street, WC1H 8EF

Tel: 020 7278 5635

Contact: Muhammod Shofi

Email: shofi.muhammod@kcbna.org.uk

Online: www.kcbna.org.uk or
www.instagram.com/kcbna

Activities: Mixture of online and outdoor activities. Education, employment and training support. Project Active Online – Home workouts, exercise plans and nutritional support for mental and physical wellbeing. Online cooking, baking, arts and crafts,

workshops, quizzes, challenges and more. KCB PS4 FIFA Euro 2020 competition.

Project Active Outdoors - Pre-book a space to train outdoors with a professional fully-qualified personal trainer for 1.5 hours per week, who will work with you to design your own unique workout health and nutritional plan, help you hit goals with a positive outlook and approach. Outreach and detached youth work in and around the King's Cross area. Bike Maintenance Project – learn to fix and maintain your bike. We are looking for donated bikes for young people who cannot afford them – please get in touch

Ages: 11 to 19

Dates: 27 July onwards



Coram's Fields

Address: 93 Guilford Street, WC1N 1DN

Tel: 07976 845 204

Contact: Daniel Jourdan

Online: www.coramsfields.org/youth-programme or www.instagram.com/coramsfields

Activities: Detached youth work and satellite sessions across King's Cross, Holborn and Covent Garden, Bloomsbury and Somers Town and St. Pancras wards. Sessions include music production and performance, fitness and games, CV writing, job and college applications, sexual health and healthy relationships support (including C-Card), bicycle maintenance and repair and art

Ages: 9 to 19

Dates: 22 June to 2 September



The Dome Youth Project

Address: 170 Weedington Road, NW5 4NU

Tel: 020 7419 2700 / 020 7267 6635

Contact: Mohammed Walji / Triston Thomas

Website: www.qcca.org.uk/youth-services

Activities: Monday - Outdoor fitness – 4 to 5pm (ages: 13 to 19)

Tuesday - Outdoor table tennis - 4 to 5pm (ages: 8 plus)

Thursday - Virtual Engagement – TBC (ages: 8 plus)

Friday – Outdoor fitness – 4 to 6pm (ages: 13 to 19)

Note: all subject to change, please check with venue in advance

Ages: 8 to 19

Dates: 27 July to 31 August



SYDRC at the N1C Centre

Address: N1C Centre, Ground Floor Plimsoll Building, Handyside Street, N1C 4BQ

Tel: 020 7164 6931

Contact: Abdikadir Ahmed

Website: www.n1ccentre.org or www.sydrc.org

Activities: Accredited video editing and Photoshop programme online, coding club competition supported by Codeclub UK, Community barbecue, trampolining, online Zoom cooking competition, Zoom youth station weekly catch-up, mountain biking, go karting, trips to Thorpe Park, London Eye and Aquarium, outdoor centre with zip wire, high ropes and other challenges, limited free vouchers for families to attend London attractions. Apprenticeships and careers awareness online day

Ages: 10 to 24

Dates: 17 July to 31 August

The Pirate Castle Holiday Scheme

Address: The Pirate Castle, Oval Road, NW1 7EA

Telephone: 020 7267 6605

Email: info@thepiratecastle.org

Website: www.thepiratecastle.org/holidayscheme

Activities: Range of paddle sport and canal-based activities that develop physical, technical and social skills, boost self-confidence and are a great way to let off steam! Our holiday schemes offer the chance to achieve a range of formal and informal accreditations.

Ages: 8 to 18, up to 25 with low to moderate support needs

Dates: 22 July to 28 August

Other Camden holiday play schemes

Most are already booked but please check our website for availability at www.camden.gov.uk/play



Sports activities for children and young people

Camden Sport and Physical Activity Team

Address: Talacre Sports Centre, Dalby Street, Kentish Town, NW5 3 AF

Tel: Call Ben Dorsett on 020 7974 5892

Website: www.camden.gov.uk/children-young-people

Activities: Multi-sports programmes at Talacre Sports Centre for ages 8 to 12 and gymnastics mini-camps for ages 4 to 8

Ages: 8 to 12 and 4 to 8 year olds

Dates: 3 to 21 August

Girls Get Moving Mondays

The team is also running free girls-only multi-sports sessions at Talacre, called Girls Get Moving Mondays, for ages 8 to 14, on 10 and 17 August – 4 to 6pm.

Email: kirsty.pealling@camden.gov.uk or jenny.mungroo@camden.gov.uk

Website: www.camden.gov.uk/children-young-people

Girls Get Moving Week

Address: Talacre Sports Centre, Dalby Street, Kentish Town, NW5 3AF

Tel: 020 7974 6294 / 2022

Email: kirsty.pealling@camden.gov.uk or jenny.mungroo@camden.gov.uk

Website: www.camden.gov.uk/children-young-people

Activities: Multi-sports programmes at Talacre Sports Centre for girls aged 8 to 14

Ages: 8 to 14

Dates: 24 to 28 August

Bloomsbury Football

Address: Runs at three sites in Camden, Tufnell Park and King's Cross

Tel: Marcus on 07565 959 951

Email: info@bloomsburyfootball.com

Website: www.bloomsburyfootball.com/holiday-football-courses

Activities: Holiday courses at three venues: Acland Burghley School in Tufnell Park, King's Cross Academy, in the new King's Cross Development, and Castlehaven Pitch, Camden.



Due to Government guidance, courses are capped at a reduced maximum capacity and are likely to be oversubscribed

Dates: 20 July onwards

For other opportunities, activities and support for children and young people, please visit www.camdenrise.co.uk



Support, advice and wellbeing

Camden Careers and Connexions Service

Tel: 020 7974 7252

Email: connexions@camden.gov.uk

Website: www.camdenrise.co.uk/education

Activities: Summer drop-in service. If you're aged 16 to 19 and would like some help to find the right course or apprenticeship, we will be offering careers advice and guidance throughout the summer holiday with a virtual drop-in service – just call us on 020 7974 7252

Emotional wellbeing and mental health

Kooth

Website: www.kooth.com

What we offer: Free, safe and anonymous online wellbeing and mental health support for young people aged 11 to 18. If you live in Camden, you can sign up now for confidential support through a text-based conversation with a qualified counsellor. You can access the service 365 days a year via our online team who are available from 12 noon to 10pm Mon to Fri, and 6 to 10pm on Sat and Sun. Check out the video to find out more about how Kooth works here: www.kooth.com/video

Ages: 11 to 18 (free access) and 19 to 25 for specific young people (referrals only)



Camden's Child and Adolescent Mental Health Service (CAMHS / Open Minded)

What we offer: CAMHS, also known as Open Minded, is open for self-referrals (please download a form from the website) or call 020 8398 2241 (Mon to Fri, 9am to 5pm) or via your GP. Most of their work is being done remotely but young people are being seen face to face if needed

Website: For the online form for self-referrals and more information please visit; www.tavistockandportman.nhs.uk/care-and-treatment/our-clinical-services/camden-camhs-open-minded



Brandon Centre

Tel: 020 7267 1321

Text: 07520 633477, with your name, date of birth

Email: counselling@brandoncentre.org.uk

Website: www.brandon-centre.org.uk

What we offer: Counselling and therapy services for young people

Fitzrovia Youth in Action (FYA)

Tel: 07395 884 245

Email: david.wong@fya.org.uk

Website: www.fya.org.uk/peer-support

What we offer: Online peer support groups for young people, including girls, boys group and mixed groups. Peer mentoring programmes for young people whose parents are separated or in conflict and online peer support sessions also available



The Hive

Address: 18 Harben Parade, NW3 6JP
Tel: 020 3198 0521

Website: www.mentalhealthcamden.co.uk/services/hive-1-2-1-support-and-drop

What we offer: A free health and wellbeing services that supports all young people aged 16 to 24 in Camden. There is a new hub online platform on Zoom every Monday and Friday from 3 to 5pm. The Hive has also reopened back on site, in Swiss Cottage, to run a reduced service. Staff are available to answer calls on site and do face-to-face 121 appointments with notice. The employment service and social hub will continue to remain online.

Ages: 16 to 24

Mosaic LGBT+ Young Persons' Trust

Website: www.mosaictrust.org.uk

What we offer: Workshops and support online: youth club, coaching sessions, live yoga, mindfulness, community app and arts and crafts classes all for young lesbian, gay, bi and trans persons age 13 to 18

Ages: 13 to 18



Sexual health, contraception and pregnancy advice

Tel: Brook (Euston) 020 7387 8700

Brandon Centre (Kentish Town)
020 7267 4792, or text 07451 288524

Pulse (Holloway Road) 020 7527 1300

Websites: www.camdenrise.co.uk/relationships-and-sex

www.brook.org.uk/your-life/sex-and-relationships-guidance-during-lockdown/

What we offer: The clinics are for young people under the age of 25. During COVID-19, they mostly offer telephone consultations, followed by appointments where needed. Please try to call before attending.

For other opportunities, activities and support for children and young people, please visit camdenrise.co.uk



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